

The County Council have launched a [new campaign](#) to help make sure that people don't drop their guard and that we all follow the latest guidance.

This is their simple message:

Covid spreads easily. Every time someone leaves their home, this creates new opportunities for spread of the virus. We are therefore encouraging people to keep these opportunities to a minimum by:

1. Staying in as a priority
2. Avoiding unnecessary journeys
3. Avoiding mixing with other households
4. Shopping in a way that results in fewer people in the shops and on fewer occasions.
5. Doing more to ventilate and clean homes.
6. Staying local for exercise – this means in your own village, town, or part of the city.

